

Mariano Casanova

Psychologist • Psychotherapist • Filmmaker
marianocasanova.com



I design interventions for positive change at the individual, familial and corporate levels using communication tools.

Education

- Licentiate in Psychology, Universidad Central de Chile
- Professional Qualifications as Psychologist, Universidad Central de Chile
- Post-title Systems Psychotherapy Centered on Narratives, Universidad Central de Chile
- Master of Arts in Film Direction and Production, Goldsmiths, University Of London.

Services

- Adult individual, couple and family bilingual and bi-cultural **psychotherapy**.
- **Coaching**, Systemic Counseling modality (a.k.a Systemic Supervision, Ontological Coaching).
- **Mental Health** and Mental Well-Being programs **for Corporate Environments**.
- **Staff Training**:
 - Leadership Skills for first-line and mid-level managers,
 - Public Speaking,
 - Problem Solving for Corporate Environments,
 - Managing direct reports' well-being.
 - Managing multicultural teams in decentralized environments.
- **Online Training**: Evaluation, design and production of learning and training systems.
- **Audiovisual Production**:
 - Fiction films,
 - Corporate films,
 - Educational films,
 - Public announcements for health/high-risk social behavior.

Certifications and licenses

- Psychotherapist (Chile).
- Mental Health Counselor (New York).
- Social Scientists.
- Natural Scientist.

Work Experience

- Director, Therapist: Instituto Hispano de Psicología.
- Workshop Leader: Better You Workshops.
- Screenwriter, Director, Producer: South-Magellan Entertainment International.
- Lecturer, Researcher, Workshop Leader: DUOC-UC.
- Systemic Counselor: Private practice.